



Conduct Disorder

What is a Conduct Disorder?

A Conduct Disorder is a repetitive and persistent pattern of behaviour in which the basic rights of others or age-appropriate social norms are violated.



Reference : American Psychiatric Association. (2016). Mini DSM-5 : Critères diagnostiques. États-Unis, Elsevier Masson.

Signs and symptoms / When to Seek Help

Aggression towards people and animals

- Often bullies, threatens, or intimidates others ;
- Often initiates fights ;
- Has used a weapon that could cause physical harm to others ;
- Can be cruel towards people or animals ;
- Has stolen while confronting the victim ;
- Has forced someone into sexual activity.

Destruction of property

- Has deliberately engaged in fire setting with the intention to cause serious damage ;
- Has deliberately destroyed property of others.

Deceitfulness or theft

- Has broken into someone else's house, car or building ;
- Often lies to obtain favors or objects ;
- Often lies to avoid obligations ;
- Has stolen without confronting the victim.



Serious violation of rules

- Doesn't respect parental curfew and often stays out at night ;
- Has run away from home ;
- Often skips school.

Reference : American Psychiatric Association. (2016). Mini DSM-5 : Critères diagnostiques. États-Unis, Elsevier Masson.



Livres / Books

Barkley, R.A., & Benton, C.M. (2013). *Your Defiant Child, Eight Steps To Better Behaviour*. 2nd Edition, The Guilford Press.

Cloutier, G. (2011). *Vivre en harmonie avec un enfant qui s'oppose*. Montréal, Éditions Gily.

Faber, A., & Mazlish, E. (2012). *Parler pour que les enfants écoutent, écouter pour que les enfants parlent / How To Talk So Kids Will Listen & Listen So Kids Will Talk*. Scribner. / Faber, A., & Mazlish, E. (2006). *Parler pour que les ados écoutent, écouter pour que les ados parlent / How To Talk So Teens Will Listen & Listen So Teens Will Talk*. Scribner.

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Hammerrenger, B. (2016). *L'opposition : Ces enfants qui vous en font voir de toutes les couleurs*. Québec, Éditions Midi Trente.

Markham, L. (2012). *Peaceful Parent, Happy Kids : How to Stop Yelling And Start Connecting*. London, Penguin Books.

Marshall, P. (2000). *Now I Know Why Tigers Eat their Young : Surviving a new generation of teenagers*. Whitecap Books.

Sells, S. P. (2001). *Parenting Your Out-of-Control Teenager: 7 Steps to Re-establish Authority and Reclaim Love*. St. Martin's Griffin.



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Internet

<https://www.ahaparenting.com/>

<https://aidersonenfant.com/thematique/vie-de-famille/>

<https://childmind.org/guide/guide-to-conduct-disorder/>

<https://parentandteen.com/>



Ressources / Resources

Ligne Parents (24/7) : 1-800-361-5085, <https://www.ligneparents.com/LigneParents>

8-1-1: Info-Sociale, <https://www.quebec.ca/sante/trouver-une-ressource/consulter-un-professionnel/info-social-811/>

Tel-Jeunes (24/7): 1-800-263-2266, text 514-600-1002, chat : <https://www.teljeunes.com/Tel-jeunes>

Jeunesse, J'écoute - Kids Help Phone (24/7): 1-800-668-6868, text : 686868, <https://kidshelpphone.ca/>

Suicide Action Montréal (24/7): 1-866-277-3553, <https://suicideactionmontreal.org/>

L'Autre Maison Crisis Center (24/7): 514-768-7225, <https://centredecrise.ca/lautre-maison>

West Island Crisis Center (24/7): 514-684-6160, <https://centredecriseoi.com/>

Amis de la santé mentale - Friends for Mental Health: 514-636-6885, <https://info@asmfmh.org>

