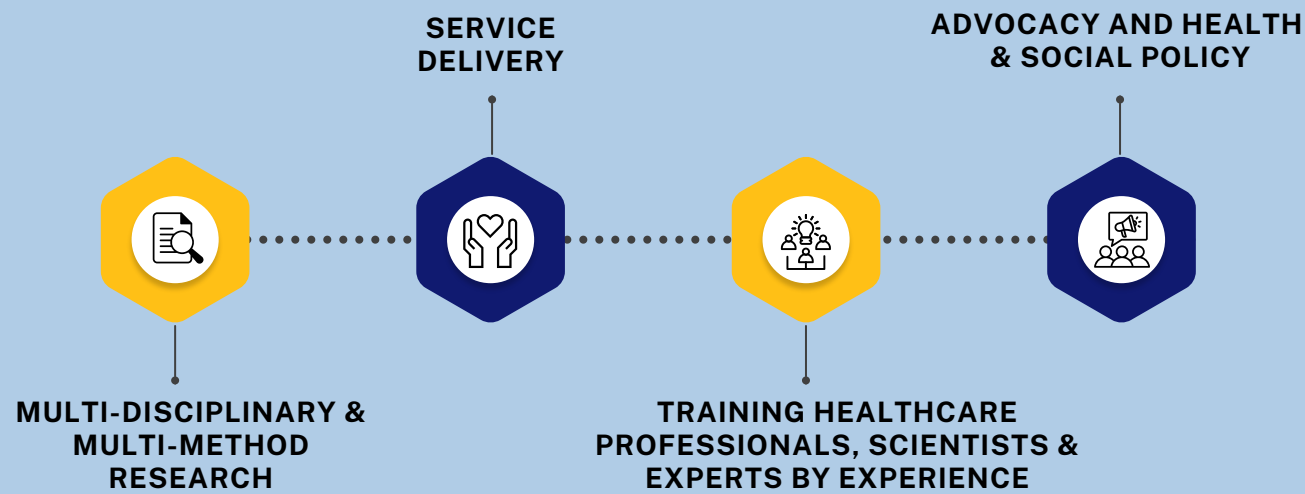


**Centre of Excellence
in Youth Mental Health**
Centre d'excellence en
santé mentale des jeunes

The Centre of Excellence in Youth Mental Health (CEYMH)
is founded on 4 strategic principals:



The CEYMH is currently hosting multiple research projects and more than 20 employees and students. We also collaborate with 20+ researchers in various area of research.

See more: <https://ceymh-cesmj.ca/>
for BLOOM: <https://ceymh-cesmj.ca/bloom/>



**Behavioural & Longitudinal Outcomes
on youth development to Optimize
Mental health trajectories**

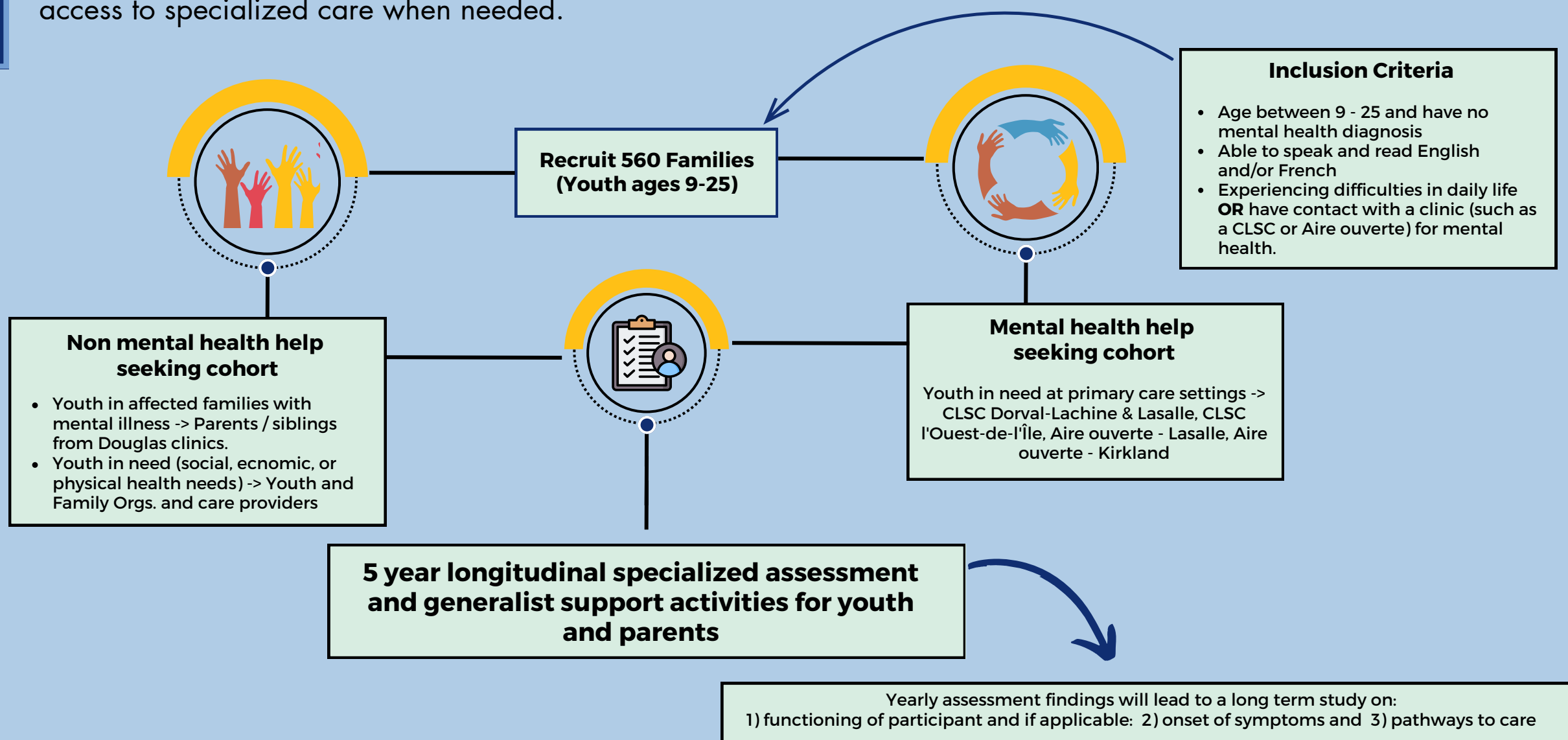
Principal Investigator and CEYMH director: Dr Lena Palaniyappan

Critical questions

- Can the onset of serious mental health issues (such as mood, psychotic, substance use disorders etc.) among youth be identified early and therefore predicted?
- Can early access to specialized services be facilitated through regular specialized assessment before help-seeking occurs in specific populations?

Aims and needs of the Bloom program:

We are currently establishing a cohort of help-seeking youth and families and non-help-seeking youth and families who may face adversity. They will be followed long-term to evaluate the course of functioning and pathways to care. This will enable us to institute a large, multi-level cohort and collect rigorous data at individual, family and service levels on a longitudinal basis. And help us prevent and better assess onset of mental issues in young people as well as improving access to specialized care when needed.



Why is bloom different?

Our assessments will be:

- Easy and accessible
- Community based
- Done by mobile and trained research team
- Will not burden clinical teams
- Funded only by philanthropy

Our Goal is to:

Increase research capacity and improve accessibility to youth mental health services

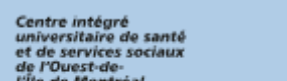


Role of Partners

Your role can be to help refer potentially eligible participants. Even if you are unsure if they are eligible you can still refer and our team will determine.

Recruitment of participants will begin in February 2024

Financed and Facilitated by:



Contact Us

Project Manager: Celine Villemus –
celine.villemus.comtl@ssss.gouv.qc.ca
(514) 761-6131 #2125

*Participants can be referred to Celine.

General contact of the CEYMH:

info@ceymh-cesmj.ca – (514) 761-6131 #6233

CEYMH – Institut universitaire en santé mentale Douglas – 7070 Champlain – Montreal, Qc, H4H 1A8